

Women's Retreat Packing List

The weather forecast is:

Daytime - low 70's and sunny

Nighttime - mid 30's and chilly

What to bring:

Sleeping Bag/ Twin Bedding - ALL Beds are Twin bunk beds. (SHEETS ARE NOT PROVIDED) You will need to bring your own sheets if you are not bringing a sleeping bag. The mattresses are fairly thin, so even twin padding might be a good idea.

Extra Blanket - nights are chilly

Pillow

Towels

Comfy, casual clothing and shoes for a mountain setting - *Since we will be going in Oct. there will be NO water activities. (Closed toe shoes are REQUIRED for all Rec Activities).*

A warm jacket for evening and early morning

Personal Items - (shampoo, soap, toothpaste, toothbrush, etc.)

Good Flashlight— the walkways are not lit that well.

Lawn Chair (bring one for a friend if you have two) - For evenings at the Fire pit or sitting around the lake.

Cell phone charger - *(service is not very good at the camp), but still good for alarm.*

Bible, pen, notebook

Recommended:

Chap stick or other lip protection with sunscreen

Sunscreen

Lotion — If prone to dry skin

Bug repellent: stick or spritz - NOT aerosol spray

Hat for sun protection

Small backpack (daypack) for trail hikes

What not to bring:

Perfume - (some people are allergic)

Weapons of any kind

Snacks:

Due to the bears, **snacks are not allowed in your personal cabin.** Snacks can be brought to the Dining Hall to be shared. We will have a “snack community table” that will be available to you.